

Injection of Steroid into a Joint During COVID-19

Patient Consent

You will be aware of government statements being released relating to the challenges faced from the novel coronavirus outbreak (COVID-19), and we will be considering each patient referred for an image guided steroid injection on a case-by-case basis to determine if this treatment is still appropriate at this time.

Steroid medication is known to have a suppressive effect on the immune system that could lead to an increased risk of a worse outcome if you have fallen ill with an infection. Unfortunately these effects are not yet fully understood for coronavirus due to the unusual nature of the infection and the lack of research into it, however, we do know that coronavirus can result in becoming seriously unwell.

Even though the overall effects of your steroid injection, and the associated risks, are small in comparison to oral or intravenous steroid preparations, **we believe that it is better to avoid this risk** where an injection could be delayed or if you are already at high risk of becoming seriously unwell if you were you to contract coronavirus

Those more at risk would include being 70 years old and over, if you have a history of diabetes, lung disease, or heart disease are some of these risk fact.

Patient declaration:

- ✓ I confirm I have been self-isolating for 7 or 14 days prior to the procedure (please circle 7 or 14 days as advised at time of booking).
- ✓ I confirm that I do not have any symptoms of suspected COVID-19.
- ✓ I confirm I have not been exposed to anyone known to be COVID positive.
- ✓ I have been provided with information regarding the risks of steroid injection and COVID-19.

I am happy to consent to the procedure and steroid injection and fully understand the risks associated.

Patient Name:

Patient signature:

Date:

Verified by:

Title: Patient Consent to Injection of Steroid into a Joint During Covid-19			
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